

Additional Surgical Procedure Post-Operative Instructions

*We have listed post-operative instructions for your particular surgery.
Please follow the checked instructions for optimum healing.*

□ Site Preservation Post-op

1. A collagen plug was placed in the socket where the tooth was removed. The collagen plug was placed to prepare the area for possible future treatment.
2. There are sutures holding it in. Do not remove them.
3. After 24 hours, use the red brush and Therasol to clean around the site and rinse gently.
4. As with all oral surgical procedures the use of drinking straws is prohibited.

□ Site Augmentation Post-op

1. A bone graft and membrane were placed. The sutures are holding the tissue closed. Do not pull on the sutures, cheek or lip. Your sutures should remain in until one of your follow up appointments, in for 2 weeks. If they come out, call the office so we can take a look if needed to see if replacement of them is needed.
2. Small granules of bone may come out in your mouth the first several days. This is normal as long as no large clumps are coming out of the surgical site. If you are experiencing a loss of large amounts of granules, please call the office.
3. Do not place pressure on the grafted site with tongue, fingers or when chewing food. During the healing process, grafted site is moveable.
4. After 24 hours, use the red ultra suave toothbrush and Therasol to clean around the site and you can gently rinse.
5. As with all oral surgical procedures the use of drinking straws is prohibited.

□ Sinus Involvement Post-op

1. When we removed your tooth, the sinus was exposed. A bone graft and membrane were placed to help hold the sinus in its correct position.
2. Do not blow your nose.
3. If you sneeze, do it with your mouth open to avoid unnecessary pressure.
4. Take all medications as prescribed to you.
5. Buy an over the counter antihistamine and take it for 3-5 days to prevent your nose from running and to avoid the need to blow it.
6. You may notice granules coming out of your mouth. It is normal. Call the office if they are coming out of your nose or you get large clumps.
7. As with all oral surgical procedures the use of drinking straws is prohibited.

□ **Temporary Over Implant Post-op**

1. Since we were able to place the abutment and temporary tooth today, you will need to take a few precautions to keep the implant stable and clean.
2. Do not chew or floss on or around this tooth.
3. After 24 hours, use red brush and Therasol to clean around that site and you can gently rinse.
4. Do not wiggle it. It may be bonded to the adjacent teeth.
5. If you were given a retainer, use it when eating and sleeping unless told otherwise. It is mostly used to stabilize the tooth when you are grinding.
6. If anything having to do with the temporary feels loose or unusual, do not hesitate to call the office and get it checked out if needed.

If you have any questions or concerns, please do not hesitate to call our office at 440-845-7300 or after regular hours, contact Dr. Iacobelli at 216-389-2026