



Exceptional General Dental Care for the Quality Conscious

SEPARATORS

1. Separators are placed between the teeth for a few days before the delivery of your appliance.
2. The purpose of the separators is to create slight spaces between the teeth to be banded. This allows the appliance to be placed with minimal discomfort and greater accuracy.
3. Soreness is very common the first day or two due to the wedging action. Aspirin or an aspirin substitute (in case of an aspirin allergy) in the proper dosage will aid in reducing any discomfort. It is also common to be unable to bite together all the way. This feeling will go away in a few days.
4. While the separator are in place, do not eat sticky foods or chew gum. This can pull the separators out prematurely and the needed space will not be available when we are ready to place the appliances.
5. As the spaces are created, the separators may come out. If this happens, the necessary space has been made. You do not need to be concerned if a few days are lost. They are a special late elastic and are not harmful if swallowed accidentally.
6. Do not floss. Brush gently so as not to dislodge the separators. If all the separators are lost the first or second day, call the office for advice.
7. The remaining separators will be removed the day the appliances are seated. The teeth will also be polished with a fluoride polishing paste just before the appliances are delivered.
8. Should questions arise, please call our office at 845-7300.