

Exceptional Dental Care for the Quality Conscious

POST-OPERATIVE IMPLANT CARE

Proper care of the mouth following most dental procedures can reduce complications and speed the healing of the surgical area.

- 1. NO SMOKING, NO STRAWS:** Any type of suction can disturb the blood clot and loosen sutures. Smoking is to be avoided for 6 weeks since it increases the heat in the surgical area and significantly lowers the body's ability to heal. Straws can not be used for 3 days in most cases
- 2. PROTECTION OF BLOOD CLOT AND BLEEDING:** It is normal to have oozing of blood from the surgical site for up to two days after the procedure. If the site starts to bleed, it can be stopped by biting on a moist gauze for 20-30 minutes. You are not having a bleeding problem unless large clots are being produced.
- 3. ORAL HYGIENE:** Gentle rinsing of the mouth should be started 24 hours after the surgery. You can rinse with warm salt water (1/2 tsp. of salt in 8 oz. warm water). The use of commercial mouthwashes during the healing period is not recommended, as the high alcohol content can chemically burn the site.

Therasol Rinse Instructions: Pour a small amount of Therasol Rinse in a cup, dip toothbrush in and use in place of toothpaste on and around the surgical site. Do not dip brush directly into Therasol bottle. Clean the surgical area at least 3 times a day using the bottle of Therasol given to you. The size of bottle given to you is typically plenty for this purpose for about two weeks.

4. ANTIBIOTICS:

_____ IV-sedated patients have received an appropriate antibiotic through their IV line.

_____ An antibiotic has been prescribed for you. It is very important that the prescription is filled and taken as directed until gone. Starting at _____ am/pm take 1 tablet of _____ every _____ hours. Should you develop hives, itching or skin rash discontinue immediately and notify our office. If you have difficulty breathing, call 911 and seek immediate medical attention.