



# *Jacobelli & Sala*

**Exceptional Dental Care for the Quality Conscious**

**We have listed your post-operative instructions for your particular surgery.  
Please follow the checked instructions for optimum healing.**

❑ **Site Preservation Post-op**

1. A collagen plug was placed in the socket where the tooth was removed. The plug was placed to prepare the area for possible future treatment.
2. Sutures have been placed to hold the collagen in place. Do not remove them.
3. As with all oral surgical procedures the use of drinking straws is prohibited.

❑ **Site Augmentation Post-op**

1. A bone graft and membrane were placed in the surgical site. The sutures are used to help secure the tissue so proper healing can occur. Do not pull on the sutures, cheek or lip. The membrane can sometimes be seen and look white. Your sutures should remain intact for about 2 weeks and will be removed at one of your follow up appointments. If the sutures should come out, please call the office to determine if you need to be seen and sutures need to be replaced. Small granules of bone may come out from around the surgical site for the first several days. This is normal as long as no large clumps are coming out of the surgical site. If you are experiencing a loss of large amounts of granules, please call the office
2. Do not place pressure on the grafted site with tongue, fingers or when chewing food. During the healing process, grafted site is moveable.
3. As with all oral surgical procedures the use of drinking straws is prohibited.

❑ **Sinus Involvement Post-op**

1. When your tooth was removed, the sinus was exposed. A bone graft and membrane were placed to help maintain the sinus in the proper position.
2. Do not blow your nose.
3. If you sneeze, do it with your mouth open to avoid unnecessary pressure.
4. Take all medications as prescribed.
5. Buy an over the counter antihistamine/decongestant combined medication and take it for 3-5 days to help prevent your nose from running and to avoid the need to blow it.
6. You may notice granules coming out of your mouth. This is normal. Call the office if they are coming out of your nose or you get large clumps.
7. As with all oral surgical procedures the use of drinking straws is prohibited.

**Do not hesitate to call our office if any questions arise**

**Our office number is 440-845-7300**

Dr. Jacobelli's cell at 216-389-2026 or Dr. Sala's cell at 412-378-2414.